

Need help  
understanding your

# benefits?

**DABD** (uk)

Celebrates Diverse Ability

Welfare Benefits



# Don't miss out

**Are you missing out on benefits that may be due to you? Every year millions of pounds worth of benefits and tax credits go unclaimed as people are unaware or confused as to what they can claim. Our Welfare Benefits advice team can help by offering free, specialist and independent advice to ensure that the money coming in to your household is maximised.**

## How we help

Our trained advisors will carry out a free 'benefit check' to establish your entitlements to all benefits and tax credits. They will then help you with any forms that need to be completed and, if necessary, refer you to other services or schemes that may be able to help. We can also help with advice on challenging decisions including letter writing and advocacy as well as representation at appeal tribunals.

## What else?

Other services we provide include; help to maximise income, advice on finding funding for home improvements, advice and support on social services care for those with disabilities and their carers, referral and signposting to other organisations and services and specialist Welfare Benefits training.

## Who can access our services?

- Residents of Barking & Dagenham
- People using Barking & Dagenham's Children's Centres
- People in East and West London using London Warm Zone's Income Maximisation service
- Homeowners in East London requiring support with finances to improve their homes
- Disabled people and carers in East London requiring support with their social services care plans

## About Us

DABD Welfare Benefits Advice Team has been offering advice for a number of years. We have been awarded the Community Legal Service quality mark at general help level for casework in welfare benefits.

We are also members of Advice UK, the national body for organisations providing advice.

## Contact Us

You can arrange an appointment at our Barking office, at any of the other four DABD branches, at any LBBD Children's Centre, or we can arrange for a home visit if needed.

**Call DABD for an appointment on 020 8252 5340  
or email [welfarebenefits@dabd.org.uk](mailto:welfarebenefits@dabd.org.uk)**

# How to find us

**By tube/ train:** Take the District line, Hammersmith & City, London Overground or C2C train service to Barking station. Turn right out of the station and walk down Station Parade until you reach the bandstand. Turn left onto Ripple Road and we are approximately 150 metres up on the left hand side.

**By bus:** Board the 5, 62, 368 or 387 to Barking station, then follow the above directions from the station.

**By car:** Please note there is no parking available at this branch. The nearest public car park (charges are applicable) is Vicarage Fields Shopping Centre.

**DABD Welfare Benefits Advice**  
**51 Ripple Road, Barking, IG11 7NT**

**Tel:** 020 8252 5340    **Fax:** 020 8507 9817

**Email:** [welfarebenefits@dabd.org.uk](mailto:welfarebenefits@dabd.org.uk)

**Website:** [www.dabd.org.uk](http://www.dabd.org.uk)

