

Thinking of
managing
your own **social care?**

DABD (uk)

Celebrates Diverse Ability

Welfare Benefits



Understanding what is due

Are you currently receiving or thinking about social services care as a disabled person or carer? Direct Payments/Individual Budgets are alternative methods by which the help you have been assessed as needing can be delivered – providing you with more choice and independence. DABD provides full and comprehensive advice and help to understand how to access this service with full support throughout.

How we help

DABD Welfare Benefits Community Care advice team offers free guidance on obtaining the correct level of your social care entitlements and information & support in understanding the care plan that you have been given. We can also carry out a free 'benefit check' to ensure that you are not missing out on any other benefits and tax credits that may be due to you as well as helping you access any other services or schemes that may be of help.

Who can access our services?

Disabled people and carers living in the East London boroughs of:

- Barking & Dagenham
- Hackney
- Havering
- Newham
- Redbridge
- Tower Hamlets
- Waltham Forest

About Us

This service is an independent service funded by London Councils and provided by DABD (uk) in partnership with Community Links (Newham) and Tower Hamlets Law Centre.

DABD Welfare Benefits Advice Team has been offering advice for a number of years. We have been awarded the Community Legal Service quality mark at general help level for casework in welfare benefits and are members of Advice UK, the national body for organisations providing advice.

Contact Us

**Call DABD for an appointment on 020 8252 5340
or email welfarebenefits@dabd.org.uk
We are able to arrange home visits.**

DABD Welfare Benefits Advice
51 Ripple Road, Barking, IG11 7NT

Tel: 020 8252 5340 **Fax:** 020 8507 9817

Email: welfarebenefits@dabd.org.uk

Website: www.dabd.org.uk

