

Help your business

grow

Business Coaching and Mentoring

Does your business need help to achieve its full potential?

DABD's eXcite Business Coaching/ Mentoring programme has been developed to offer structured advice and guidance that can help your business grow and achieve real measurable results.

We work with a team of experienced Associate Coaches and Mentors to deliver programmes tailored to meet your needs and budget. Programmes are usually delivered in blocks of six sessions through email, face-to-face, Skype, conference call or telephone.

The programme covers generic organisational issues as well as specific areas including gender, disability, race, age, organisational change, skill development, growth, staff redundancy and stress management.

For more information,
please call eXcite on 020 8215 9630
or email info@excite-enterprise.org.uk

Steps to success



Step 1 – Orientation - Attend a face-to-face or virtual session



Step 2 – Initial assessment – Meet our coaches and discuss roles, responsibilities and recording systems



Step 3 – Matching – you will be matched with a coach/ mentor and agree a development plan and timescales



Step 4 – Regular feedback - this will be recorded against the development plan with new boundaries being discussed or developed



Result
Business success

eXcite Business Centre is managed by DABD (uk) and based at the heart of the Thames Gateway. We offer a range of business support services, please call us on **020 8215 9630** or email **info@excite-enterprise.org.uk** to find out more.



The Enterprising Business Centre
Dagenham



Celebrates Diverse Ability